

Name	Thoughts
	<p>SCRIPTURE: <i>"Wherefore, men are free...to choose liberty and eternal life, through the great Mediator of all men."</i> (2 Nephi 2:27)</p> <p>What does this scripture teach you or make you think about?</p>
	<p>What is "agency" and who gave it to us?</p>
	<p>Why do we need agency?</p>
	<p>Explain how Heavenly Father and Satan had different plans in the premortal life. (No need to write out entire thing—just major points)</p>

	<p>How do we know that we chose Heavenly Father's plan? Who else chose it?</p>
	<p>Who created the earth and why do we need agency here?</p>
	<p>The song "As a Child of God" tells us about blessings Heavenly Father gives us to help us on earth. What are these blessings?</p>

ADDITIONAL THOUGHTS:

Name	Thoughts
	<p>SCRIPTURE: <i>"Behold, I am Jesus Christ, the Son of God. I am the life and the light of the world."</i> (Doctrine &amp; Covenants 11:28)</p> <p>What does this scripture teach you or make you think about?</p>
	<p>Why did Heavenly Father send Jesus Christ to earth?</p>
	<p>Read Luke 2:52. What does this tell you about the different ways Jesus changed as he grew up?</p>
	<p>Do you think it was always easy for Jesus to choose the right? When was Jesus tempted?</p>

	<p>Bear testimony about the sacrifice Jesus made in Gethsemane and on the cross. How does his sacrifice make it possible for you to return to your Father in Heaven?</p>
	<p>Tell what you think about and how you feel when you sing the song, "Gethsemane."</p>

ADDITIONAL THOUGHTS:

Name	Thoughts
	<p>SCRIPTURE: <i>"For I have given you an example, that ye should do as I have done to you." (John 13:15)</i></p> <p>What does this scripture teach us?</p>
	<p>How did Jesus teach people the right way to live?</p>
	<p>How can we learn about Jesus' life and what he wants us to do?</p>
	<p>Why should we follow Jesus' example?</p>

	How do we feel inside when we do what Jesus wants us to do? Why?
	Tell about a time when you did something that Jesus would want you to do. How did it make you feel?
	Tell about a time when you did something that Jesus would want you to do. How did it make you feel?

ADDITIONAL THOUGHTS:

Name	Thoughts
	<p>SCRIPTURE: <i>"O, remember, my son, and learn wisdom in thy youth; yea, learn in thy youth to keep the commandments of God."</i> (Alma 37:35)</p> <p>What does this scripture teach you or make you think about?</p>
	<p>Who are our living prophets today? (1<sup>st</sup> Pres. &amp; 12 Apostles)</p>
	<p>When do we hear the words of the prophets?</p>
	<p>When President Monson speaks to us in conference, who is he speaking for? How do you feel when you listen?</p>

	Tell about a time when you did something the prophet asks us to do.
	The song "Stand for the Right" tells us we should be true. What does it mean to "be true"?

ADDITIONAL THOUGHTS:

Name	Thoughts
	<p>SCRIPTURE: <i>"If ye do keep his commandments he doth bless you and prosper you."</i> (Mosiah 2:22)</p> <p>What does this scripture teach you or make you think about?</p>
	<p>What does "choose the right" mean?</p>
	<p>What were some hard things the Lord asked Nephi to do?</p>
	<p>How did Nephi choose the right when the Lord asked him to go and get the brass plates?</p>
	<p>Do you want to choose the right, like Nephi? Why?</p>

	<p>When we choose the right, Heavenly Father blesses us. Name some blessings Heavenly Father has given you.</p>
	<p>Tell about a time when you made a good choice. How did you feel?</p>

ADDITIONAL THOUGHTS:

Name	Thoughts
	<p>SCRIPTURE: <i>"Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Ghost."</i> (Acts 2:38)</p> <p>What does this scripture teach you or make you think about?</p>
	<p>Why is it so important to get baptized?</p>
	<p>Jesus had no sins, so why was He baptized?</p>
	<p>What covenants do you make when you get baptized?</p>
	<p>How did you feel after you were baptized?</p>
	<p>What is the gift of the Holy Ghost?</p>

	Can you tell about a time when the Holy Ghost helped you?
	What are we doing each Sunday when we take the sacrament?
	If we make a bad choice, how can we be forgiven?

ADDITIONAL THOUGHTS:

Name	Thoughts
	<p>SCRIPTURE: <i>"I will go and do the things which the Lord hath commanded, for I know that the Lord giveth no commandments unto the children of men, save he shall prepare a way for them that they may accomplish the thing which he commandeth them."</i> (1 Nephi 3:7)</p> <p>What does this scripture teach you or make you think about?</p>
	<p>Have you ever prayed for help to do the right thing? Tell about what happened.</p>
	<p>How have you been guided by the Lord to choose the right?</p>
	<p>What is tithing and why is it important to pay it?</p>
	<p>How do you feel when you pay tithing? Why?</p>

	Have you or your family been blessed in special ways because you paid your tithing? Tell about it.
	The Lord says our bodies are temples. In what ways are our bodies like temples?
	What prophet was given an important revelation about taking care of our bodies? What is it called?
	In the Word of Wisdom, the Lord teaches us about how we should take care of our bodies. What are some things we should and shouldn't do?
	What blessings are we promised if we obey the Word of Wisdom? How does it help our spirit when we take care of our body?
	What does it mean to dress modestly?

	<p>How does dressing modestly show respect for Heavenly Father and for ourselves?</p>
	<p>Explain what the song “Nephi’s Courage” teaches you. How does it help you to choose the right?</p>

ADDITIONAL THOUGHTS:

Name	Thoughts
	<p>SCRIPTURE: <i>"Wherefore, let us be faithful in keeping the commandments of the Lord."</i> (1 Nephi 3:16)</p> <p>What does this scripture teach you or make you think about?</p>
	<p>Kindness is very important. How have you been kind to others recently?</p>
	<p>If someone is sad, how can we show kindness to them?</p>
	<p>What does it mean to fast?</p>
	<p>Why does the Lord ask us to fast?</p>

	Is reverence just being quiet, or is it more than that? How can you show reverence?
	What does it mean to be honest?
	What can happen if we are not honest?
	Tell about a time when you told the truth, even though it was hard to do. How did you feel?

ADDITIONAL THOUGHTS:

Name	Thoughts
	<p>SCRIPTURE: <i>"If there is anything virtuous, lovely, or of good report or praiseworthy, we seek after these things."</i> (Articles of Faith 1:13)</p> <p>What does this scripture teach you or make you think about?</p>
	<p>Why is it important to have good friends to help us choose the right?</p>
	<p>How can being a good friend help us to have good friends?</p>
	<p>Share a time when good friends helped you to choose the right.</p>
	<p>Would you be happy to have Jesus join you when you watch your favorite TV show or would you want to change the channel? Why?</p>

	How can we tell whether a movie, TV show, song, or book is not what Jesus would want for us?
	What can we do if we realize something we are watching or reading is not appropriate?
	When was the first Sabbath in the scriptures? How is the Sabbath day different from other days?
	Tell about some things you and your family do to feel closer to Heavenly Father on the Sabbath.
	Tell about a time when you chose the right because it was what Jesus would do. Bear testimony about why it is so important to try to be like Jesus.

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