Matthew 10-12; Mark 2; Luke 7;11
Invite Sharing

Ask the children to share what they did during the past week to be a light or example for someone.
Teach the Doctrine

- Click here for the “Younger Children’s” Program
- Click here for the “Older Children’s” Program
Encourage learning at Home

- Invite the children to share with their families ideas to keep the Sabbath day holy.
OUR CLOSING PRAYER WILL BE GIVEN BY

(ENTER NAME HERE)
THE END
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This presentation is intended to supplement, not replace, the lesson manual and scriptures.

Teachers should refer to the manual, scriptures and other resources when preparing and conducting the lesson.
Younger program
Jesus called Twelve Apostles and gave them power to do His work.

- Do the children you teach know that we have Twelve Apostles today?
- How can you use these verses to teach them about the importance of modern-day Apostles and what they are called to do?
Jesus called Twelve Apostles and gave them power to do His work.

Click on the Activity below that you want to go to:

- Possible Activity ‘A’
- Possible Activity ‘B’
- Possible Activity ‘C’
- Possible Activity ‘D’
- Possible Activity ‘E’
Jesus will help me as I come unto Him.

- Children can feel comfort knowing that Jesus will help them with their burdens when they come to Him.
Jesus will help me as I come unto Him.

- Click on the Activity below that you want to go to:
  - Possible Activity ‘A’
  - Possible Activity ‘B’
I can keep the Sabbath day holy.

- Using the Savior’s parable about building a house on sand or on a rock can be a memorable way to teach children about the importance of acting on what we learn.
I can keep the Sabbath day holy.

Click on the Activity below that you want to go to:

Possible Activity ‘A’
Possible Activity ‘B’
Possible Activity ‘C’
Possible Activity ‘D’
Possible Activity ‘E’
Older program
The Twelve Apostles can teach me about Jesus.

How can learning about the Twelve Apostles in Christ’s day help the children better understand what the Twelve Apostles do today?
The Twelve Apostles can teach me about Jesus.

- Click on the Activity below that you want to go to:
  - Possible Activity ‘A’
  - Possible Activity ‘B’
  - Possible Activity ‘C’
  - Possible Activity ‘D’
  - Possible Activity ‘E’
Jesus will help me as I come unto Him.

- As you study *Matthew 6:5–13; 7:7–11*, what do you feel the children need to understand about prayer?
Jesus will help me as I come unto Him.

Click on the Activity below that you want to go to:

- Possible Activity ‘A’
- Possible Activity ‘B’
The Sabbath is a day to do good things that bring me closer to God.

How will you help the children you teach place greater value on eternal things than on worldly things?
The Sabbath is a day to do good things that bring me closer to God.

- Click on the Activity below that you want to go to:
  - Possible Activity ‘A’
  - Possible Activity ‘B’
  - Possible Activity ‘C’
  - Possible Activity ‘D’
Younger Possible 1
Jesus called Twelve Apostles and gave them power to do His work. Possible Activity ‘A’

- Summarize Matthew 10:1–10 in simple terms. (See Christ Ordaining the Apostles, Gospel Art Book, no. 38.)

- Explain that Jesus calls Apostles to help Him build His Church.
Jesus called Twelve Apostles and gave them power to do His work. - Possible Activity ‘B’

- Let the children count the Apostles in the picture Christ Ordaining the Apostles (Gospel Art Book, no. 38) and in a picture of the current Quorum of the Twelve Apostles (see LDS.org or a general conference issue of the Ensign or Liahona).

- Explain that we have twelve Apostles today, just as in Jesus’s time.
Jesus called Twelve Apostles and gave them power to do His work.

Possible Activity ‘C’

- Hide pictures of the modern-day Apostles around the room (for pictures, see a recent general conference issue of the Ensign or Liahona).

- Invite the children to find the pictures, and tell them a little about each Apostle (see “Meet Today’s Prophets and Apostles” on LDS.org).
Jesus called Twelve Apostles and gave them power to do His work.
Possible Activity ‘D’

- Invite a child to hold up a picture of the First Presidency and a picture of the Quorum of the Twelve Apostles.
- Ask the child to lead the other children around the room to a picture of Jesus. Testify that the prophets and apostles lead us to Jesus Christ.
Jesus called Twelve Apostles and gave them power to do His work. Possible Activity ‘E’

- Share your testimony of the Lord’s Apostles.
Younger Possible 2
Jesus will help me as I come unto Him. Possible Activity ‘A’

- Read Matthew 11:28–30 and show the picture of yoked oxen in this week’s outline in Come, Follow Me—For Individuals and Families.
- Point out that yoked oxen can pull more weight together than if they pull separately.
- Testify that when we feel sad, worried, or scared, we can seek Jesus and He will help us.
Jesus will help me as I come unto Him. Possible Activity ‘B’

- Ask a child to lift a heavy object.
- When he or she struggles, offer to help.
- How does Jesus help us do hard things?
- Have the children ever felt His help?
Younger Possible 3
I can keep the Sabbath day holy. Possible Activity ‘A’

- Read Matthew 12:10–13 out loud.
- Invite the children to stand up and sit down every time you say “Sabbath,” and repeat with them the phrase “It is [right] to do well on the sabbath days” (Matthew 12:12).
- What do they think that means?
I can keep the Sabbath day holy. Possible Activity ‘B’

- Show a calendar to the children and highlight the Sabbath day for them.
- What do we do on other days of the week?
- What can we do on the Sabbath to make it different from other days? (see Isaiah 58:13–14).
I can keep the Sabbath day holy.
Possible Activity ‘C’

- Ask the children to draw good things they can do on the Sabbath day (see this week’s activity page).
I can keep the Sabbath day holy. Possible Activity ‘D’

- Invite the children to come up with actions to help them remember ways we get ready for the Sabbath as they sing the song “Saturday,” Children’s Songbook, 196.
I can keep the Sabbath day holy. Possible Activity ‘E’

- Draw eyes, ears, a mouth, and hands on the chalkboard.
- Ask the children to tell you what each of these parts of our bodies can do to keep the Sabbath day holy.
Older Possible 1
The Twelve Apostles can teach me about Jesus. - Possible Activity ‘A’

- Show pictures of the Apostles in Jesus’s time and in our day (see Christ Ordaining the Apostles, Gospel Art Book, no. 38, and a recent conference issue of the Church magazines).

- Ask the children to read Matthew 10:1–10 and Mark 3:14–15 to find out what Apostles do.
The Twelve Apostles can teach me about Jesus. - Possible Activity ‘B’

- Invite a few children to come prepared to share a story told by one of the living Apostles.
- How are the living Apostles helping us become more like the Savior?
The Twelve Apostles can teach me about Jesus.- Possible Activity ‘C’

- Write the names of the modern-day Apostles on pieces of paper.
- Invite the children to match each Apostle’s name with his picture (LDS.org).
- This activity could be repeated several times.
The Twelve Apostles can teach me about Jesus. - Possible Activity ‘D’

Share several examples of modern-day Apostles’ testimonies of Christ with the children (see recent general conference messages or “The Living Christ: The Testimony of the Apostles,” Ensign or Liahona, Apr. 2000, 2).
The Twelve Apostles can teach me about Jesus.- Possible Activity ‘E’

Older Possible 2
Jesus will help me as I come unto Him.

Possible Activity ‘A’

- Invite the children to share a time when they were worried or anxious about something.
- Invite them to search *Matthew 11:28–30* for counsel that can help them in similar circumstances.
Jesus will help me as I come unto Him. Possible Activity ‘B’

- Invite the children to draw pictures of what they are doing to come unto Jesus and learn of Him.
- The fourth article of faith could give them ideas.
Older Possible 3
The Sabbath is a day to do good things that bring me closer to God.

Possible Activity ‘A’

► Invite a child to role-play the man whose hand was healed by the Savior (see Matthew 12:10–13).

► Another child could interview him or her about the experience.
The Sabbath is a day to do good things that bring me closer to God. Possible Activity ‘B’

- Read together Matthew 12:12.
- What are some good things we can do on the Sabbath?
- Let the children draw their ideas on this week’s activity page, cut out the pieces, and take turns putting each other’s puzzles together.
The Sabbath is a day to do good things that bring me closer to God.

Possible Activity ‘C’

- Hide several pictures of people doing things that show love for Heavenly Father on the Sabbath day.
- Ask the children to find the pictures and share how doing the things in the pictures shows our love for God.
The Sabbath is a day to do good things that bring me closer to God. Possible Activity ‘D’

- Give each child a bag to fill with ideas of good things to do on the Sabbath.
- They can find some ideas in “Sabbath Day Observance” in For the Strength of Youth, 30–31.
Resources
Referenced Scriptures