


## Week 4: "My testimony is strengthened when I share the gospel."

**Identify the Doctrine:** I loved this object lesson. Follow the official outline, but do not spend too much time on this because the activity at the end will focus on this concept.

**Encourage understanding:** Start by reading the story about the little girl sharing her testimony found in the official outline. We also have available for purchase a packet called "What is a Testimony?" This has a wonderful story and graphics that would be good here. After the story is told, read Matthew 7:7. (See attached) Explain that we must actively seek a testimony. There is a great talk entitled "Testimony" by Elder Dallin H. Oaks. He says, "As we desire and seek, we should remember that acquiring a testimony is not a passive thing but a process in which we are expected to *do something*." Tell the children that they are going to "seek out" the 5 items the little girl had a testimony of.

Matthew 7:7  
Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you: 

- Prior to primary, hide the graphics of the 5 items around the room or under chairs. If you want to be an over-achiever, you can roll up the images and place them inside balloons. After you blow up a number of balloons, spread them around the room. Let a child find a balloon with a paper inside. Have the child pop the balloon to reveal what they were "seeking." Side note: Kids love to pop balloons. They will love this activity but you will have to work a little harder to keep them in control.
- Once they find a graphic, have that child tape it to the board under the sign that says "Testimony." (see attached)
- Follow the outline by discussing each item.



### Encourage Application:

Prepare beforehand: Bring two different jars filled with water. Place them in the front of the room. Print out the "Testimony" cards. Place in a stack in between the two jars. You will also need your food coloring.

- Split the primary into two groups. (Have you noticed I do this a lot. Maybe everyone should be concerned that I turn everything into a competition. Ha ha)
- Tell the children that the winning team will have the darkest color. (This might be hard to determine the darkest one.)
- Call on one child from the first team.
- Have them read their card. (You will need to help the Jr. primary read theirs.)
- The cards either give them a scenario, or will give them an opportunity to share. Follow the instructions on the card. Each card will instruct them to add a certain number of drops of coloring to their jar.
- Continue as time allows. There are a few blank cards if you wish to copy and make your game longer.



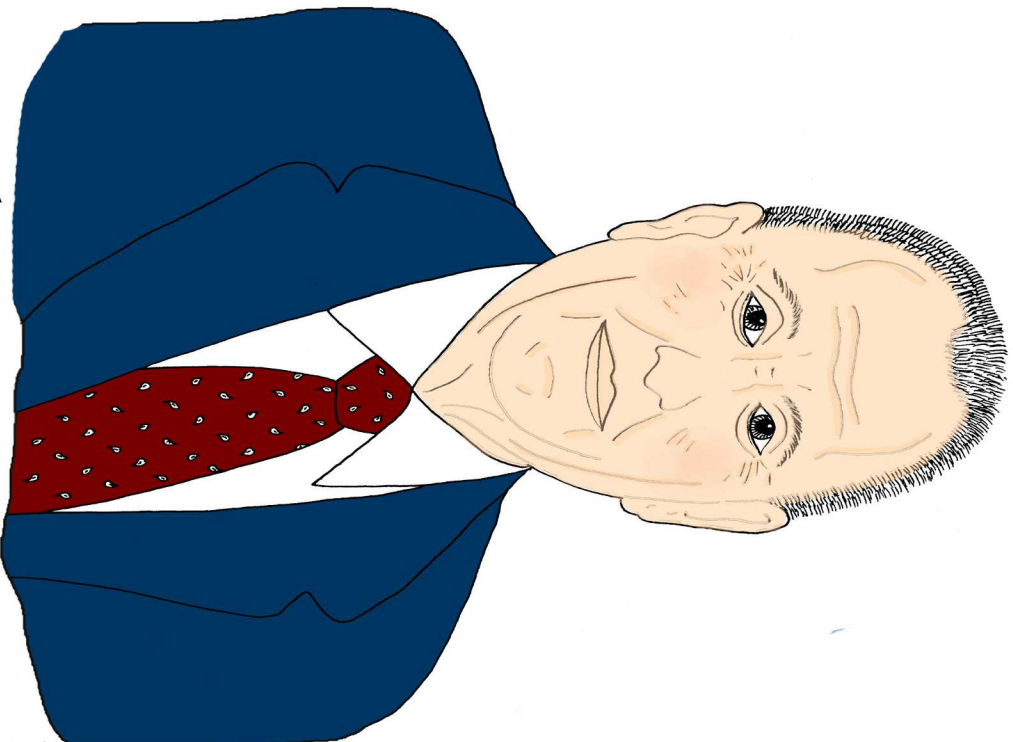
**Additional Help:** Our "What is a Testimony" packet will be on sale for \$2.25 during October. You have special permission to copy the hand cards and tokens for each child to use during Sharing Time.



# Matthew 7:7

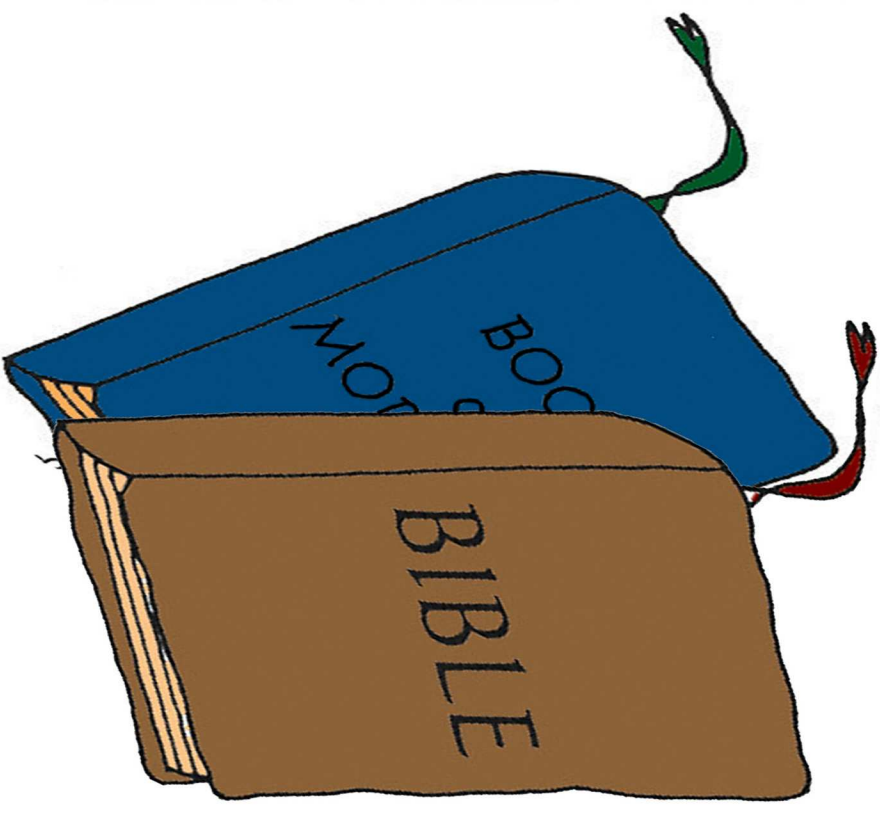
Ask, and it shall be  
given you; seek, and  
ye shall find; knock,  
and it shall be opened  
unto you:





Thomas S.

Monson

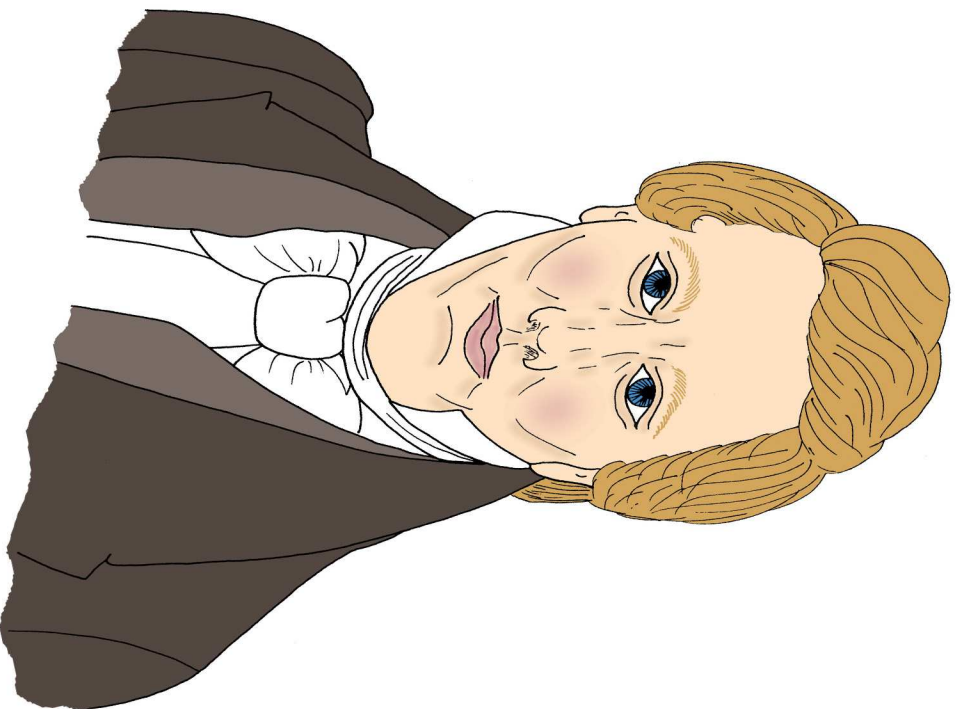


Book of

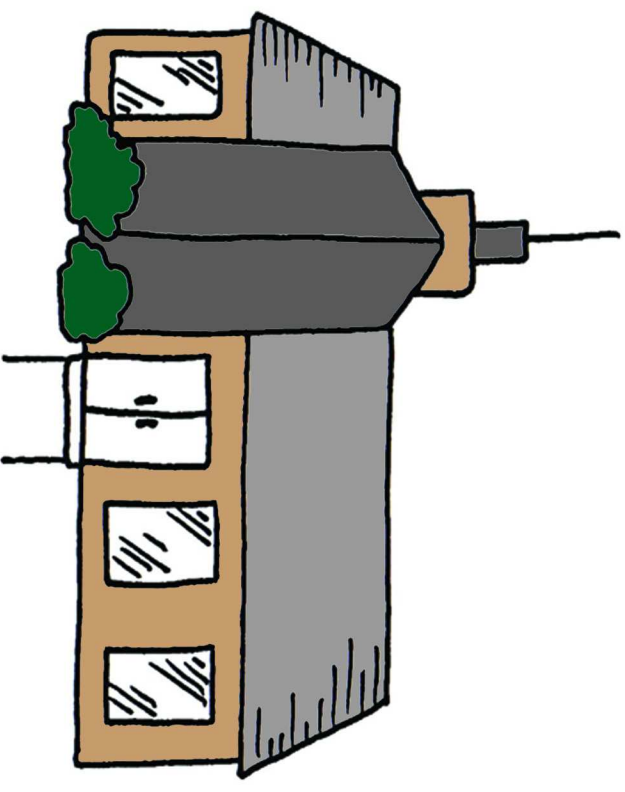
Mormon

(and Bible)





Joseph Smith



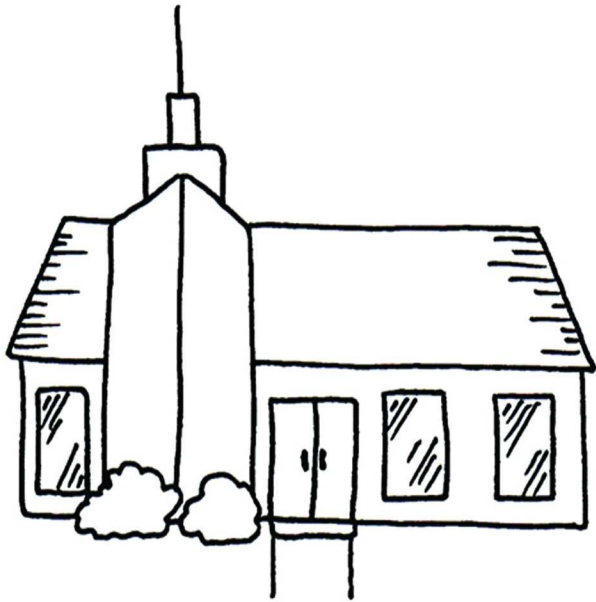
True Church

# The Savior

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Again, since we have been asked not to use cartoon images of the Savior, I don't have a graphic. It would be best if you could use the one from the Gospel Art Kit.

# Testimony



You asked your parents to  
tell you about the Prophet  
Joseph Smith.

Place 1 drop in the water

Share 3 things you know  
to be true.

Place 2 drops in the water

Share 5 things you know  
to be true.

Place 4 drops in the water

*Add some questions  
of your own if  
you want a longer game.*

You sat reverently and  
listened to Testimony  
meeting.

Place 1 drop in water

What are 3 things you  
could develop a  
testimony of?

Place 2 drops in the water

Can you name 5 things to  
share in a testimony?

Place 3 drops in the water

You felt the spirit during  
the opening song because  
you were thinking  
about the Savior.

Place 1 drop in the water

You read your scriptures  
and prayed to know if  
they were true.

Place 1 drop in the water

What are 3 things you  
could bear your  
testimony about?

Place 2 drops in the water

You fell asleep during  
testimony meeting.

No DROPS

You paid your tithing  
because you felt like it  
was the right thing to do.

Place 1 drop in the water

You carefully listened to  
general conference so you  
could hear the words of  
the prophet.

Place 1 drop in the water