Seek the Lord Early

Lesson Plan

**Week 1 -**  
  
Materials Needed:

* Picture of child with magnifying glass
* Picture of scriptures
* Picture of child praying
* Picture of Pres. Monson
* Picture of 10 Commandments
* Picture of Jesus with the children of the world
* Picture of Jesus (5)
* Large Magnifying glass, and small magnifying glass for each child.

Preparation:

* Place the pictures of Jesus around the room with one of the other pictures covering it. The Picture of Jesus with the children remains uncovered.

Attention Getter: Who has heard of the game “Hide & Seek”? One person hides and another person seeks…what does it mean to seek? We are going to learn a song about “Seeking the Lord” but one thing is different than the game. The Lord does not hide from us, because he *wants* us to find him and when we find the Lord, we do not see him in person, but we “feel” his presence.

* I have hidden things around the room that go with the song. I have a magnifying glass here to help us find our clues. Let’s start with the Sunbeams being it. I am going to sing a line of the song. You will seek our clue. Look around the room and see if you can find a picture that goes with what I am singing. Raise your hand if you think this is the right clue. Very good. Let’s bring the picture up and put it on the board. Oh my goodness!! Look what is behind the picture!! Let’s sing this part of the song together. (Repeat for each phrase of the song).
* Actions for the song:
  + Seek – put hand over eyebrows as if you are looking for something
  + Youth – put hand at your waist as if you have your hand on the head of a small person
  + Know the truth – touch temple with index finger
  + Search the scriptures – hand like a book
  + Find him there – point to palm of hand as if you found a scripture
  + Fervent prayer – hands together as if praying
  + Living prophet – ASL sign for prophet
  + Commandments – ASL sign for commandments
  + Love will abound – cross arms over chest
  + He will be found - hand up palm toward face. Sign for God.

Bear Testimony - [Ether 12: 41](http://scriptures.lds.org/en/ether/12/41#41). And now, I would commend you to [seek](http://scriptures.lds.org/en/ether/12/41a) this Jesus of whom the prophets and apostles have written, that the grace of God the Father, and also the Lord Jesus Christ, and the Holy Ghost, which beareth [record](http://scriptures.lds.org/en/ether/12/41b) of them, may be and abide in you forever. Amen.

I challenge you this week to Seek the Lord. The song tells us some ways we I want you to tell me next week how you felt when you sought the Lord. I’m going to give you this magnifying glass to help you remember to “Seek the Lord”.

**Week 2 – Reinforce the Doctrine**

Materials Needed:

* Pictures from last week
* Picture of child pointing to his head (know the truth)
* Picture of Heart (Love will abound)
* Word strips – SEEK THE LORD; HOW ; WHY

Preparation:

* Put the word strip “Seek the Lord” at the top of the board
* Divide the board in half with word strip How on the Left and Why on the right.

Attention Getter: Do you remember the song we learned last week? What was the song about? Very good. Let’s sing the song together. Did you remember to Seek the Lord last week? Who would like to share what they did and how they felt when they did it?

Do you see these word strips on the board? On this side it says HOW.

* I want you to sing the song for me and tell me 4 things the song says are ways HOW to seek the Lord. Put the pictures on the How side of the board
* Let’s sing the song and find what word the song says means that the Lord’s love is everywhere.
* When does the song say we should seek the Lord?
* This side of the board says WHY. Let’s sing the song and see if you can hear two reasons WHY we should seek the Lord. (Know the Truth, Love will abound). Those are really good reasons to seek the Lord. I want to feel His love, don’t you?

Bear Testimony – D&C 88:63 [Draw](http://scriptures.lds.org/en/dc/88/63a) [near](http://scriptures.lds.org/en/dc/88/63b) unto me and I will draw near unto you; [seek](http://scriptures.lds.org/en/dc/88/63c) me diligently and ye shall [find](http://scriptures.lds.org/en/dc/88/63d) me; ask, and ye shall receive; knock, and it shall be opened unto you.

I challenge you to continue to seek the Lord each day this week. Talk to your parents about how you feel knowing the Lord loves you so much and wants to be near you.

**Week 3 – Review**

Materials needed:

* Word Strips. Youth, truth, there, prayer, obey, say, abound, found

Attention getter: Have you been seeking the Lord this week? How many of you sought the Lord by reading the scriptures. How many by praying? How many of you kept the commandments? Did anyone read in the friend what the Prophet would like us to do? How did you feel? Great!!

Let’s sing our Song. Who knows what a rhyming word is? There are lots of rhyming words in this song. I want to see if you can match my rhyming words. Hold up one of the word strips. What word rhymes with this word?

Play hide & seek with an object. Hide an object. Have a child try to find the object by everyone singing softly when they are far from the object and everyone sing louder as they get closer to the object.

Testimony: [Ps. 105: 3-4](http://scriptures.lds.org/en/ps/105/3-4#3)   3 Glory ye in his holy name: let **the** heart of them rejoice that **seek** **the** **Lord**.   4 **Seek** **the** **Lord**, and his strength: **seek** his face evermore.

I hope you will continue to Seek the Lord each day. I promise that if you will always Seek the Lord in all you do and say. You will always feel Him near you. You can call on Him anytime and He will help you. He loves you so much. Even though you can ‘t see Him in person you will know He is there.