

Add A Little More Love And Laughter To Your **HAPPILY EVER AFTER!**

TO DO LIST:



1st: Print the date invite. Give it to him a few days before the date to create anticipation.

The invite creates **anticipation** for you to be together. Never underestimate the power of anticipation! It increases his desire to be with you, and **keeps YOU on his mind and in his heart.**



2nd: Do the simple prep work outlined in this kit to plan your date activity. Planning a little something special to escape from the routine, shows him that he is still a priority even in your busy life.

The escape is a fun activity for you to do together where you leave your thoughts of work, worries, and the world behind so you can refocus on each other.



3rd: Review our plan on how to get him to "Emotionally Connect" with you on your date.

Date night is all about **connection**. It's so much more than catching a show and a bite to eat. Each date has ideas to help you **connect in specific ways** so he can stay emotionally close to you. Studies show that an Emotionally Connected man **feels more love and acceptance**, which inspires him to give more love back to you and meet more of your needs. **What woman doesn't want that?**



4th: Be prepared to feel more of those "loving feelings" with each unique date!

Each date encourages you to do something **unique and new together** which injects novelty back into your relationship. This releases **dopamine and norepinephrine** (the "feel-good" chemicals) in your brain. These are the same chemicals you both had circulating when you first started dating. **Studies now prove** that **new experiences** are KEY to keeping those "loving feelings" alive and your marriage fresh!

DATE IDEA

ONE EGG-CITING DATE!

It's that time of year again. Time to put a little **SPRING** back into your romance!

Easter activities are not just for kids, so **HOP** to it and share your love with your honey-bunny.



Do these ideas over the course of a few days or over a few weeks.

Your Shopping List

- Real eggs & dye, Easter candy, Easter Basket
- Golden egg & fun and flirty fillers
- Plastic eggs & glow-in-the-dark glow sticks or glow in the dark eggs
- Ball of yarn or string



TO GET LIST:

The Invite:

Give him his invite a few days before your date so that it creates anticipation for him. Fill in the day and time of your date at the bottom of the card, so he'll know what to expect.



Surprise him by leaving his invite next to a breakfast omelette or some scrambled eggs (put some of the cracked shells next to it), or if your man is a fan of hard-boiled eggs, make some and crack the shells a little. Put them on a plate with his "You Crack Me Up!" invite.



The Escape:

Pre Date Activity: The day after you have given your husband his invite, present to him his **"GOLDEN EGG"**. Let him know that there is something **fun & egg-citing** for him inside but he can only open the GOLDEN EGG, if he is able to "CRACK YOU UP" with some good jokes before your date night. He can call, text, email, or tell you the jokes. If he cracks you up with some good belly laughs, he'll get to crack open his egg.

THE GOLDEN EGG:

Find the large metallic colored eggs at Wal-Mart, Target, Oriental Trading or other discount stores, (you could spray paint the egg gold, or wrap it with gold foil). Put something he likes to nibble on inside and add our "This Cute Chick Loves YOU" coupon.



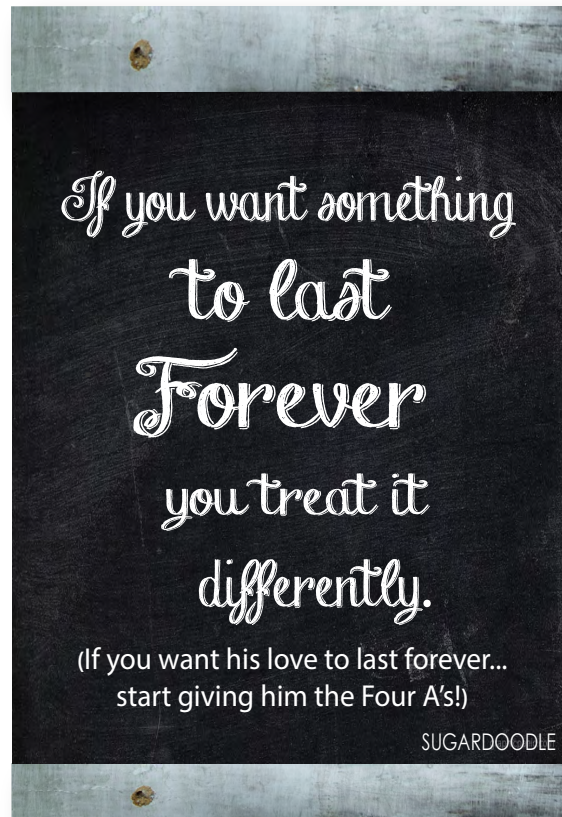
The Activity. . .

Go to a comedy club together, or find a great stand-up comedy dvd. If you like Jimmy Kimmel and some of the late night comedy shows, you can watch humorous segments on uTube.



Emotional Connection:

We are convinced that one of the biggest reasons for the breakdown in marriages is that couples aren't spending enough TIME together, actually bonding and connecting in "significant" ways to stay **Emotionally Connected** to each other.



To Stay Close & Emotionally Connected To You,
Your Man Needs To Receive 4 Specific Things
From You (they all start with the letter A!)



- Appreciation
- Attention
- Admiration
- Affection
(physical affection)



THE FOUR A'S OF CONNECTION

Give him the 4 A's,
and he will feel:

close
valued
loved
accepted
EMOTIONALLY SECURE
(with your relationship)

Without the 4 A's,
he will feel:

distant
unsure
unloved
rejected
EMOTIONALLY INSECURE
(with your relationship)



APPRECIATION

Tell HIM **"THANKS"** For Being An **EGG-ceptional Man!**

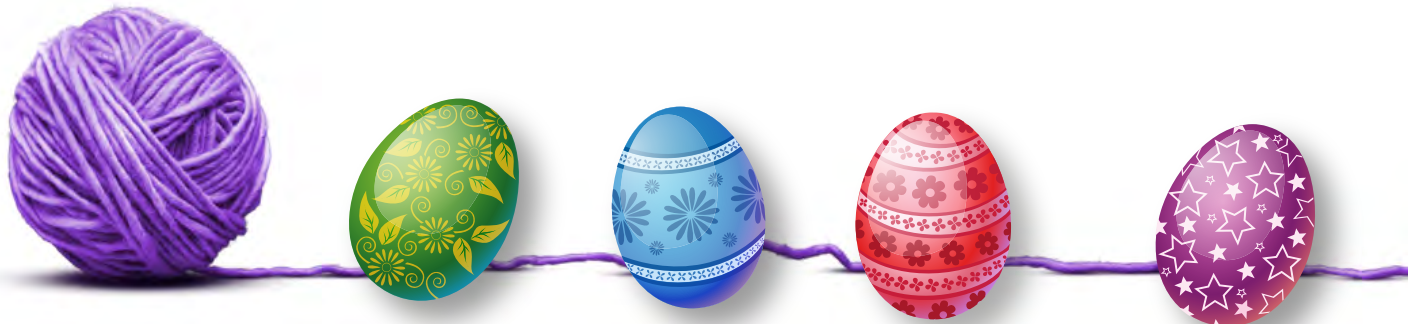
Play this game that we call **"String Him Along"**. When he wakes up one morning, (or when he comes home from work), he will find a string dangling above his bed from the ceiling.

Tell him he has to wind the string into a ball and follow it. Use a whole skein of yarn and have it wound through every room in the house, outside through a tree or bush, in the garage, up and down the stairs and laundry chute.

Along the way, he will find plastic hollow eggs (attach them to the string with tape or yarn) that are filled with words of APPRECIATION. You can write these in your own handwriting or just print up ours from the printables. If you want the string just to lead to an easter basket with the appreciation eggs in it, that's another way to play.

THANKS for being one EGG-ceptional man!
 You are an EGG-cellent father!
 THANKS for being EGG-ceptionally good at bringing home the bacon!
 You are EGG-tra good at being patient with your in-laws!
 You are EGG-tra good looking!
 You know EGG-actly what it takes to get me EGG-cited!
 I'm not EGG-aggerating when I say you're HOT!
 You're the perfect EGG-ample of a hard worker!
 You EGG-ceed my expectations in so many ways!
 You've BEAN the best friend a girl could ever a ask for!

You've "BEAN" so good at . . .
 (fill these last two eggs with jelly beans)





TTENTION

Show HIM **You Still** Pay Attention To Him, Even With Your Busy Life.

Love is in the **details**. Show him you put forth a little something extra to make his night special, with some *attention to the details*.

If You Usually Make Easter Baskets For The Kids. . . This Year Include Your Husband!

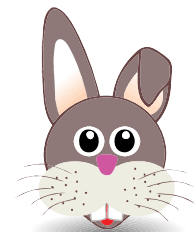
Make him his own basket and include whatever his favorites are. They can be small things like his favorite home-baked treats, or if the budget allows, then tickets to some event or show or a certificate to his favorite restaurant, car wash, etc.

You can play our "STRING HIM ALONG" game and have the string lead him to his basket.

Add a sweet card that shows that you love to pay attention to him and what he likes!



Some
Bunny
Loves
You!



Hopping by to bring
you a few of your
favorites!



ADMIRATION

Admire HIM for **who he is**, and **what he does**.

Dye Easter Eggs Together With Hidden Words of Admiration

(It doesn't matter whether he likes boiled eggs or not, he'll like having fun with these eggs.)

In advance, secretly write one or two admiration words on each egg with a white crayon. Think of things that you, (or the kids) admire about him like "Funny", "Tenacious", "Brilliant", "Waffle King", etc. When you dye the eggs, the words of admiration show up because the color makes the white crayon stand out. You could ask the kids to help make this surprise for Daddy and ask them what words of admiration they have for him.

Even if you don't have any kids - do this activity with him! This is an opportunity to make great memories together. If neither of you likes to eat boiled eggs, then use them for target practice! Take them outside and tape up a large paper cutout of an Easter egg with a bullseye. Take turns trying to hit it and be sure to keep score!



Print up our egg bullseye and glue it to a cardboard box for your target.





AFFECTION (physical affection & intimacy)

And the two shall become one.

Mark 10:8

"Nothing makes me feel more accepted, more loved, and more like a man, than when my wife wants me."

John W. (Salt Lake City, Ut)

Glow-In-The-Dark Easter Egg Hunt

You may have participated in egg hunts before, but this one is just for you and your husband.

It makes sense to enjoy your special date with him at night, so choose a good place where you can have an inside or outside egg hunt, whichever you prefer. What really sets this hunt apart is that the eggs will glow. You can either buy glow-in-the-dark eggs, or make them from plastic eggs yourself. To buy them, go to www.orientaltradingcompany.com or www.hearthsong.com.



GLOW-IN-THE-DARK EASTER EGG HUNT

ADVANCED PREPARATION:

Take glow stick bracelets, roll them up into a plastic easter egg. Idea from ingodseconomy.com

Physical Affection Continued

Our GLOW-IN-THE-DARK EGG HUNT will help inject some novelty back into your romance.

If initiating physical affection and intimacy is a little hard for you, we found one of the easiest ways to get things started is to leave out a fun and flirty card for him in the morning which hints that . . . tonight you'll be lovin' him!



Give him his flirty Easter Egg Hunt card in the morning to create anticipation.

When you have hidden his eggs, tell him how many eggs he has to find and let him know the hunt is on!

*We recommend that you hide one egg on you, to make it EGG-tra challenging.



**flirt
alert!**

If your husband needs some hints as to where to find all the eggs, tell him **it will cost him**. ONE kiss for each egg!

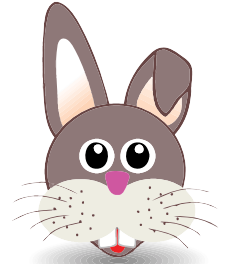
You crack me up!



More **LOVE & LAUGHTER** is egg-sactly what we need, so I've planned one EGG-citing date!

Reserve The Date: _____

Some Bunny Loves You!



Hopping by to bring you a few of your favorites!

Because you "CRACK ME UP" some Egg-citement is coming your way!



This chick loves YOU!



GOOD FOR ONE EGG-CITING TIME, YOU CHOOSE THE TIME!!!



You're

One

EGG-cellent Shot!



THE LOVING WIVES CLUB



We love to hear your feedback! Please send your comments about our content and graphics, your ideas for fun dates you would like to see, or share your experiences with us. We love to hear your stories and would love to post a photo of your date on our Facebook page.

Please send your comments to ...
rbonne@comcast.net

*Sugar*doodle
growing together