




Integrity #2 Conduct a self-assessment of your personal integrity. Ask yourself the following questions: Do I avoid gossip, inappropriate jokes, swearing and profanity, and being light-minded about sacred subjects? Am I completely truthful, morally clean, honest, dependable, and trustworthy in my schoolwork and other activities? Pray daily for strength and for the guidance of the Holy Ghost to help you live with integrity. Write in your journal the things you can do to improve your personal integrity and at least one new habit you want to develop.

HOW DO I AVOID...			
Gossip			
Inappropriate Jokes			
Swearing			
Profanity			
Light Mindedness about sacred subjects			
AM I...			
Completely Truthful			
Morally Clean			
Honest			
Dependable			
Trustworthy			
DO I...			
Pray Daily for Integrity			
Write in journal to Improve Integrity			

My Goal
